## Washington University Neurofibromatosis (NF) Center



# PROVIDING CARE FOR OUR FAMILIES ACROSS THE LIFESPAN

Both children and adults with Neurofibromatosis (NF) require comprehensive and coordinated medical care. NF-related medical needs change, since the clinical problems that face children with NF sometimes differ from those seen in adults, it is necessary to have both pediatric and adult experts. To provide seamless care across the lifespan, we have assembled a dedicated group of pediatric and adult providers, and specialists who work together as a team. In addition, we begin the adolescent/young adult transition process with our teenagers, at 14 years of age, to ensure a smooth transfer of care from St. Louis Children's Hospital to Barnes-Jewish Hospital.

#### **NF1 CLINICAL PROGRAM**

Children with NF1 are seen in Pediatric Neurology by our dedicated team of childhood experts. This includes:

- physicians
- nurse coordinator
- occupational therapist

For children with NF-associated nerve sheath tumors and nervous system tumors, your child's care team will include pediatric oncologists.

Adults with NF1 are seen by a dedicated neurologist. Adults with plexiform neurofibromas and malignant peripheral nerve sheath tumors are managed by a medical oncologist. Those with brain tumors are followed by a neuro-oncologist.

## ADOLESCENT AND YOUNG ADULT TRANSITION CLINICAL PROGRAM

Our adolescent/young adult (AYA) transition program begins when our teenagers turn 14 years old. At that time we:

- assess your child's specific needs
- determine which specialists they require at Barnes-Jewish Hospital
- establish yearly milestones and goals to allow for a seamless change in care

Each child requires their own plan, as some will easily transition, while others might require a slower adaptation period.

## SCHWANNOMATOSIS (SWN) CLINICAL PROGRAM

Children and adults with Schwannomatosis (SWN) are cared for by a team of physicians tailored to their specific medical problems. The team's collective experience in treating large numbers of patients with these uncommon conditions allows them to deliver specialized care tailored to the patient's individual needs.

### Washington University Neurofibromatosis Center

#### **CLINIC LOCATIONS**

#### Pediatric NF1 / SWN Care

St. Louis Children's Hospital, Suite 2130

One Children's Place

St. Louis, MO 63110

Phone: 314-454-6120

#### **Pediatric Specialized Care**

Plexiform Neurofibromas and Nervous System Tumors

St. Louis Children's Hospital, 9th Floor

One Children's Place

St. Louis, MO 63110

Phone: 314-454-6018

## Adolescent and Young Adult (AYA) Program

St. Louis Children's Hospital, Suite 2130

One Children's Place

St. Louis, MO 63110

Phone: 314-454-6120

#### **Adult NF1 Care**

Center for Advanced Medicine (CAM), 6th Floor

Brentwood Center 40

1600 S Brentwood Blvd

Brentwood, MO 63144

Phone: 888-996-4894

#### **Adult SWN Care**

Center for Advanced Medicine (CAM), 6th Floor

4942 Parkview Place, Suite C

St. Louis, MO 63110

Phone: 314-362-3577 or 800-600-3606

#### **Adult Specialized Care**

Plexiform Neurofibromas, MPNST, Schwannomatosis

Center for Advanced Medicine (CAM), 7th Floor

4942 Parkview Place

St. Louis, MO 63110

Phone: 314-747-1171







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