

Club NF Hip Hop Dancing!

The Washington University NF Center and St. Louis Children's Hospital invite you to attend our upcoming Club NF event, a FREE therapy and educational program for children with NF1.

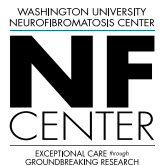


Join us on Saturday, February 3rd, at MJ Performing Arts Academy, for a morning of Hip Hop Dancing! The activities will target and promote development of the following skills often delayed in children with NF1:

- Gross motor skills such as running, jumping and balancing. Activities that use large muscle groups strengthen underdeveloped muscles and improve cardiovascular function.
- Executive function skills such as following multiple step directions, and finishing homework and school projects
- Social Skills to enable your child to speak in a group, initiate conversation, make eye contact and boost confidence

View additional event information and register at nfcenter.wustl.edu/events.

- WHO:** *Children ages K-8 with NF1, and their siblings
- WHAT:** Hip Hop Dancing
- WHEN:** Saturday, February 3, 2018, 11 a.m.–1 p.m.
- WHERE:** MJ Performing Arts Academy:
15 S. Old Orchard, Webster Groves, MO 63119
- CO\$T:** FREE (A facility waiver completed by a parent or guardian, is required for all dance participants.)
- RSVP:** by Thursday, February 1st, to NF@neuro.wustl.edu



This event is funded through generous support of the St. Louis Children's Hospital Foundation.

**Every child must be accompanied by a parent/guardian.*

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One Children's Place
St. Louis, Missouri 63110

